

Central Illinois Down Syndrome Organization

Minutes from the Quarterly Membership Meeting

January 30, 2018

The quarterly meeting of the Central Illinois Down Syndrome Organization (CIDSO) was held at the Normal Public Library on Tuesday, January 30, 2018. The meeting was called to order at 6:34 p.m.

Those in attendance were:

Deb Presley	Sandy Ginther
Kim Weber	Amy Pfifer
Julie Otto	Dana Lloyd
Hollace Peden	Steve Newbold (by phone)
Kathy Peden	Wendy Boswell (by phone)
Dawn Mattia	Shelley Marquis
Angela Hedican	

APPROVAL OF MINUTES: The minutes from the October meeting were reviewed and approved. Hollace Peden made the motion to approve the minutes, Shelley Marquis seconded. Motion passed.

TREASURERS REPORT: Kim Weber presented the Treasurer's Report. The total amount of assets on hand as of 12/31/17 was \$160,218.45. The balance sheet detail was provided showing all deposits and expenses that have occurred for the period from 10/1/17-12/31/17.

BUDGET REVIEW: The 2018 budget was discussed in detail. CIDSO has a healthy financial picture at this point in time and therefore, we were able to recommend/approve several funding changes for 2018. Several line items in the budget were noted/modified based on actual expenditures in 2017 and/or anticipated expense in 2018.

General Funding Changes - Added a total of \$1,500 to the 2018 budgeted expenses as follows:

ISU Speech & Hearing Clinic was funded at \$4,000 previously – modified to \$2,500 in 2018.

Administrative Expenses was funded at \$3,500 previously – modified to \$4,500 in 2018.

Conference Funds was funded at \$2,000 previously – modified to \$4,000 in 2018.

Program Fund Changes – Added a total of \$5,150 to the 2018 budgeted expenses as follows:

Cheer – previously funded at \$2,000 – modified to \$1,000 in 2018.

Tennis – previously funded at \$3,600 – modified to \$6,750 in 2018.

Jump Spot – new program – not previously funded – added \$3,000 for 2018.

Enrichment Fund Changes – Total increase TBD

Enrichment Fund was previously budgeted up to \$1,000 per family (reimbursing families 75% of their out of pocket expenses for enrichment related activities up to \$1,000 maximum). That amount has now been increased to \$2,000 per family (reimbursing families 75% of their out of pocket expenses for enrichment related activities up to \$2,000 maximum) per calendar year.

Library Funding - CIDS0 used to fund book purchases specific to Down syndrome at the Bloomington Public Library. A \$500 donation was made along with a list of books that CIDS0 would like to see offered at the library. A lot of discussion ensued regarding the return of this funding. Deb moved to approve this funding for 2018. Hollace seconded.

Developing Melodies – A local business offers music sessions and is proposing to have a program for people with Down syndrome – ages 16-21. This is being advertised via Facebook, CIDS0 website and e-mail. If there is enough interest – CIDS0 will coordinate with Developing Melodies to offer this program.

ISU Music Therapy – The ISU music department is interested in offering music therapy to CIDS0 members in a clinical setting by practicum students. They are hoping to have groups of 6—8 clients at a time for 50 minute music therapy sessions. This program would be open to all ages. Information will be sent out ASAP regarding this program and how to sign up.

Speech Therapy Funding (for programs outside of ISU) Kim Weber brought up the subject of speech therapy funding for programs other than ISU. Discussion followed – but it was decided to raise the enrichment fund threshold rather than create new funding/reimbursement guidelines for programs other than ISU.

There was discussion regarding who should be on e-mails for funding requests and/or e-mail discussions. It was decided that only named board members will get e-mails to participate in discussions and/or make final decisions regarding funding. Other members will be included if the discussion is specific to the area they are spearheading.

COMMUNICATIONS – SOCIAL MEDIA: Angela Hedican volunteered to set up a closed Facebook group for CIDS0 – a place where people can interact with one another about their children with Ds. Only those that are members of the group can see the posts/comments/pictures – and thus – it will hopefully provide a sense of belonging and safety among members. Angela also volunteered to maintain the general CIDS0 Facebook account. It is the general consensus of the group that people don't always pay attention to their e-mails and therefore miss important/relevant information. Deb Presley is going to check on the two e-mail accounts that CIDS0 has and how/when they are used. Diane Walker will still be in charge of communication via the website and e-mails. Angela and Diane will work closely together to make sure all information is “getting out there” in different formats to serve all of our members.

INTERACTIVE MEMBERSHIP FORMS: There was some discussion about making the forms (membership, enrichment, program/grant, conference) interactive on CIDS0's website. Kim has been talking with someone who is able to do this (same person that developed the on-line Buddy Walk registrations) for approximately \$750 - \$850. Dawn made a recommendation to proceed with this. Deb Presley seconded.

SPARTANS SUPPORT DOWN SYNDROME FUNDRAISER: Shelley Marquis reported on a recent fundraiser that was held at Olympia High School on Friday, January 19. The Olympia High School boys' basketball team competed against the St. Joseph Ogden Spartans and the two teams showed their support by wearing matching “Spartans Support Down Syndrome” warm-up shirts. The spectators from both teams were able to purchase the shirts and wore them the night of the fundraiser as well. In addition to t-shirt sales...a bake sale, 50/50 raffle and 3 point shoot-out were also part of the night. The funds from this fundraiser were presented to CIDS0 the night of the board meeting. Over \$2400 was raised!

GOLF OUTING/LOGO: Steve Newbold reported that the golf outing scheduled for June is alive and well. Plans are underway for the fundraiser. Steve also reported that he will send out new logos for review. These items are tabled until the next meeting.

SOCIAL CHAIR: Dawn Mattia reported on several upcoming CIDSO social events including the Caregiver's Coffee on February 3 at her home. Additionally, she will be contacting the Normal Parks and Recreation Department on March 1 for the picnic reservation. She would like to offer something for CIDSO families each quarter. Other ideas that surfaced during the discussion were the possibility of attending an Edge Football game as a group. Several people talked about National Down Syndrome Awareness Day that is held on March 21. Remember to "Rock your Crazy Socks" that day as an awareness effort.

The next meeting is scheduled to be held on April 10 at 6pm at the Normal Public Library. The January 30 meeting was adjourned at 7:50 p.m.

Respectfully submitted,

Shelley Marquis
CIDSO Secretary